FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C.	20549

STATEMENT	OF CHANGES	IN BENEFICIAL	OWNERSHIP

OMB APPROVAL							
OMB Number: 3235-0287							
Estimated average burden							
hours per response:	0.5						

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Last) C/O EFF	Mayank (F ECTOR TI	Reporting Person* irst) HERAPEUTICS OS AVENUE, S		<u>e</u>	Susuer Name and Ticker or Trading Symbol eFFECTOR Therapeutics, Inc. [EFTR] 3. Date of Earliest Transaction (Month/Day/Year) 01/17/2023						Director Officer (below)	able)	below)	wner		
(Street) SOLANA BEACH (City)	C.		92075 (Zip)	4.						6. Lin	e) $oxed{X}$ Form fil	Form filed by One Reporting Person Form filed by More than One Reporting				
Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned																
Date			A Deemed Execution Date, if any (Month/Day/Year)		Code (curities Acquired (A) osed Of (D) (Instr. 3, 4		5) Securities Beneficia Owned For Reported Transacti	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)			
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																
		Transa Code (5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year) 7. Title and Amo of Securities Underlying Derivative Secu (Instr. 3 and 4)		ies g Security	8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s)	Ownershi Form: Direct (D) or Indirec (I) (Instr. 4	Beneficial Ownership (Instr. 4)					
			Code V (A) ((D)	Date Exercisab		xpiration ate				(Instr. 4)	1(9)			
Stock Option (Right to Buy)	\$0.47	01/17/2023		A		150,000		(1)	0	1/16/2033	Common Stock	150,000	\$0.00	150,000	D	

Explanation of Responses:

1. 1/48th of the total number of shares subject to the options shall vest on each monthly anniversary of January 17, 2023 (the "Vesting Commencement Date"), subject to the Reporting Person's continuous service to the Issuer on each such vesting date, so that the options shall be fully vested on the fourth anniversary of the Vesting Commencement Date.

Remarks:

/s/ Michael Byrnes, Attorneyin-Fact for Mayank Gandhi

01/19/2023

** Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.