FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington,	D.C.	20549
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

	OMB APPROVAL										
	OMB Number: 3235-028										
	Estimated average burden										
- 1	hours nor roomanas:	0.5									

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Gallagher Brian M. Jr.				<u>eF</u>	Issuer Name and Ticker or Trading Symbol eFFECTOR Therapeutics, Inc. [EFTR] Date of Earliest Transaction (Month/Day/Year) 02/19/2024							(Ch	eck all appli X Directo	cable) or (give title	g Pers	10% Ow Other (s	ner	
(Last) (First) (Middle) C/O EFFECTOR THERAPEUTICS, INC. 142 NORTH CEDROS AVENUE, SUITE B					4. If Amendment, Date of Original Filed (Month/Day/Year)							Line	6. Individual or Joint/Group Filing (Check Applicable Line) X Form filed by One Reporting Person					
(Street) SOLANA BEACH	A CA	A (92075		Ru	Form filed by More than One Reporting Person Rule 10b5-1(c) Transaction Indication												
(City)	(Si	,	(Zip)			Check this box to indicate that a transaction was made pursuant to a contract, instruction or written plan that is intended to satisfy the affirmative defense conditions of Rule 10b5-1(c). See Instruction 10.												
Table I - Non-Deriva 1. Title of Security (Instr. 3) 2. Transac Date (Month/Date)				action	ction 2A. Deemed Execution Date,			quired, Disposed of, or Benefi 3. Transaction Code (Instr. 8) 4. Securities Acquired (A Disposed Of (D) (Instr. 3, 5)			ed (A) or	5. Amou Securiti Benefici	int of 6 es 6 ially (Following (Form:	Direct Control of the	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
Table 11 Decision				tivo (ve Securities Acquired, Disposed of, or Benefic			FIICE	Transac (Instr. 3	tion(s)			msu. 4)					
		'							s, options					Ownea				
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deeme Execution if any (Month/Da	Date,	4. Transa Code (l 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)			7. Title and Amount of Securities Underlying Derivative Securit (Instr. 3 and 4)		8. Price of Derivative Security (Instr. 5)	9. Number derivative Securities Beneficiall Owned Following Reported Transactio (Instr. 4)	Ownershi Form: Direct (D) or Indirec (I) (Instr. 4	Ownership Form:	Beneficial Ownership (Instr. 4)
			Code V (A) (D) Date Expiration Date Title					Title	Amount or Number of Shares									
Stock Option (Right to Buy)	\$11.32	02/19/2024			A		2,000		(1)	02.	/18/2034	Common Stock	2,000	\$0.00	2,000		D	

Explanation of Responses:

1. The shares subject to the option will vest in substantially equal monthly installments over 12 months, commencing on February 19, 2024, subject to the Reporting Person's continued service with the Issuer through each vesting date.

Remarks:

/s/ Michael Byrnes, Attorneyin-Fact for Brian M. Gallagher, 02/21/2024

<u>Jr.</u>

** Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- * If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.